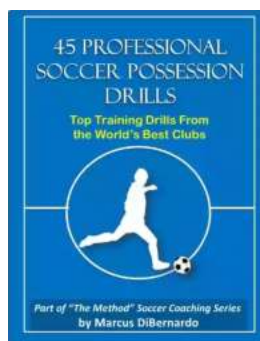


Uncover the Best Training Drills from World's Top Clubs with The Method Soccer Coaching Series

Are you an aspiring soccer coach looking to enhance your coaching skills and deliver effective training sessions to your players? Look no further! In this article, we unveil the top training drills practiced by the world's best clubs, exclusively brought to you by The Method Soccer Coaching Series.

1. Real Madrid's Pass and Move Drill

If you want to train your team to excel in quick, one-touch passing and intelligent movement off the ball, Real Madrid's Pass and Move Drill is an absolute must-try. This drill focuses on enhancing players' awareness, decision-making, and communication.

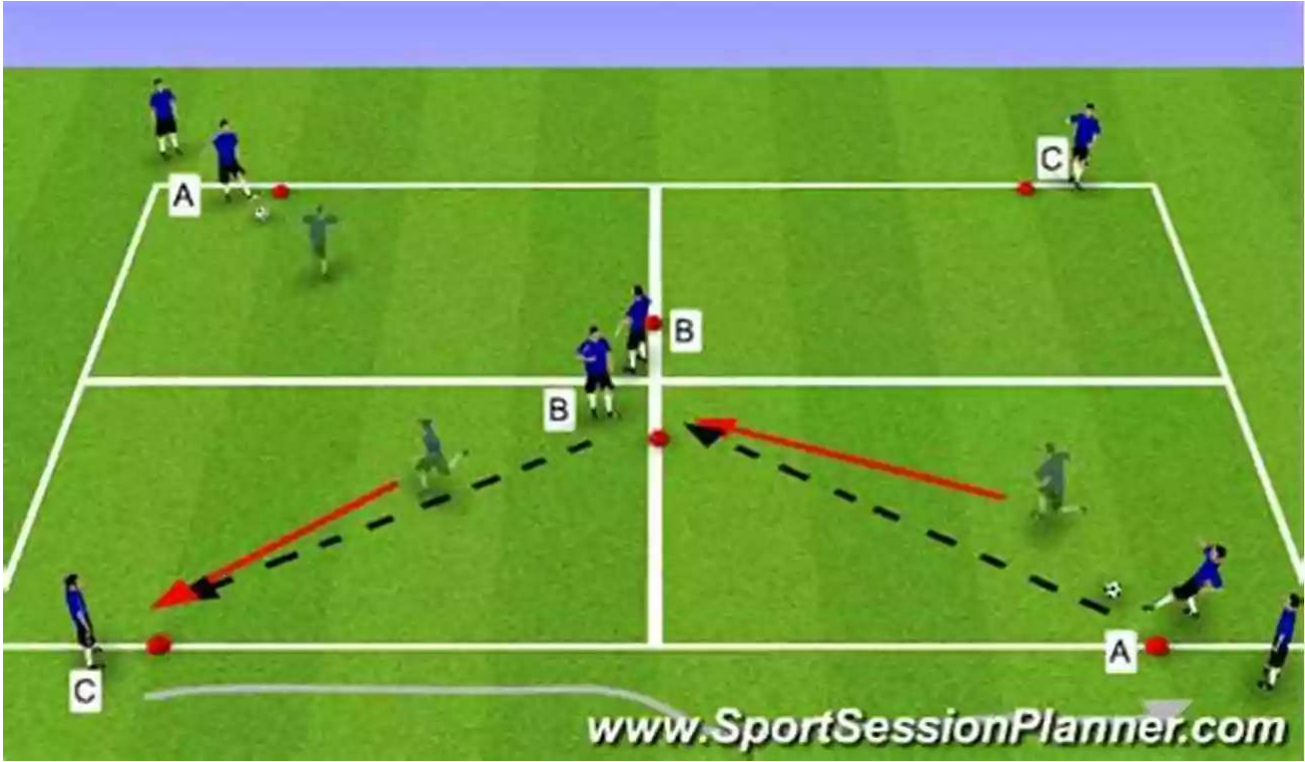


45 Professional Soccer Possession Drills: Top Training Drills From the World's Best Clubs (The Method Soccer Coaching Series)

by Marcus DiBernardo (Kindle Edition)

★★★★☆ 4.2 out of 5

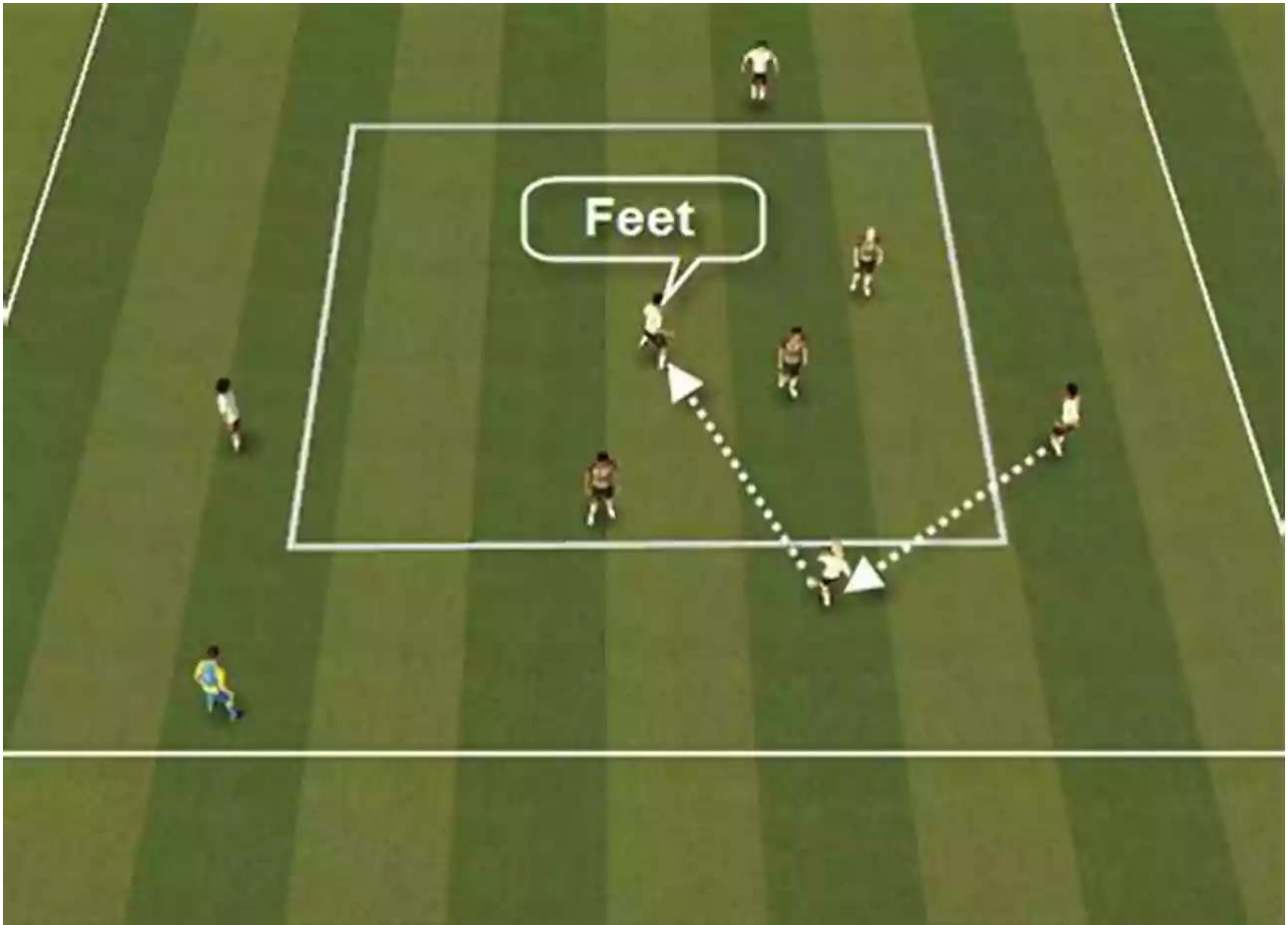
Language	: English
File size	: 1372 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
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Lending	: Enabled



Alt Attribute: "Real Madrid's Pass and Move Drill - Enhance players' awareness, decision-making, and communication."

2. Barcelona's Tiki-Taka Possession Drill

Barcelona's Tiki-Taka Possession Drill is famous for developing players' close control, quick passing, and movement in tight spaces. This drill incorporates intricate passing patterns and encourages players to be comfortable under immense pressure. Implement this drill to witness improved ball retention and increased team cohesion.



Alt Attribute: "Barcelona's Tiki-Taka Possession Drill - Enhance close control, quick passing, and movement in tight spaces."

3. Juventus' Defensive Shape Drill

Defense wins championships, they say. Juventus' Defensive Shape Drill is designed to strengthen your team's defensive organization and discipline. This drill focuses on positioning, communication, and quick decision-making to counter potential attacking threats effectively.



Alt Attribute: "Juventus' Defensive Shape Drill - Strengthen defensive organization and discipline."

4. Bayern Munich's Counter-Attacking Drill

If you want to improve your team's ability to transition quickly from defense to attack, Bayern Munich's Counter-Attacking Drill is the way to go. This drill focuses on quick passing, intelligent movement, and ruthless finishing to catch opponents off-guard during a turnover.



Alt Attribute: "Bayern Munich's Counter-Attacking Drill - Enhance transition speed from defense to attack."

5. Manchester City's Possession and Pressing Drill

Manchester City's Possession and Pressing Drill is perfect for improving your team's ability to dominate possession while effectively pressing opponents to win the ball back quickly. This drill focuses on players' movement, anticipation, and communication.

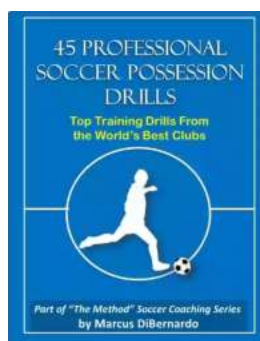


Alt Attribute: "Manchester City's Possession and Pressing Drill - Improve possession dominance and effective pressing."

Now that you've discovered five incredible training drills practiced by the world's top clubs, it's time to implement them into your coaching sessions. The Method Soccer Coaching Series offers comprehensive coaching programs that break down these drills step by step, ensuring optimal learning for both coaches and players.

Don't miss out on transforming your coaching methods and taking your team's performance to new heights. Join The Method Soccer Coaching Series today and experience the art of coaching like never before!

Remember, success lies in the method, and The Method Soccer Coaching Series has got you covered!



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This book contains the best possession drills I have used in my 20+ years of coaching. The training sessions come from Barcelona FC, Everton FC, Arsenal FC, Wigan Athletic, Liverpool FC, Stoke City, Valencia FC, Sporting Lisbon FC, Inter Milan, Ajax FC and many more famous clubs.

Coaching possession is about teaching decision-making, guiding players to become problem solvers, helping players understand the importance of positioning and placing players in training sessions that challenge them.

One of the most important aspects of possession training is the number of meaningful touches a player gets. A competitive possession drill should demand player's play on the edge of their ability to be successful while receiving many

touches. The tempo of the drills should be high, forcing quickness of thought and speed of play.

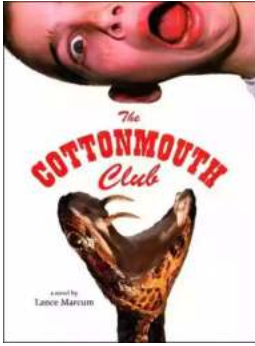
In the modern game players must be able to play under pressure without losing the ball. Players and teams that can hold the ball under pressure know how to save seconds on the ball. Playing possession soccer is all about positioning and coordinated movement. Without proper positioning keeping the ball would be impossible. Positioning and coordinated movement allows players to create overloads all over the field. Creating a numerical advantage is critical to unbalancing the opponent, keeping the ball and scoring goals. Focus on the details when training your team. Make sure you are providing an environment for maximum learning and growth.

There will always be debates about possession soccer and whether controlling possession means winning more games. I personally believe players and teams that possess the ball well have more tools and options to break their opponents down. Possession training makes players well-rounded, skillful, composed, gives them the ability to find soccer solutions on the field and increases passing accuracy. Teams with higher passing accuracy win more games. Teams with overwhelming possession (over 65%) win more games as well. "45 Professional Soccer Possession Drills" will be a valuable tool for developing your players' possession ability.



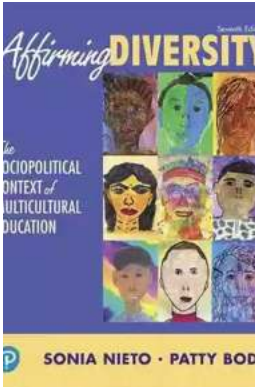
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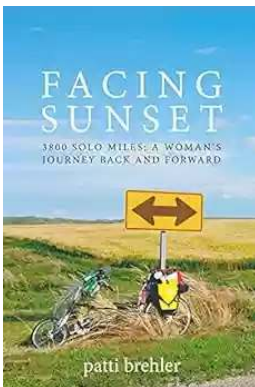
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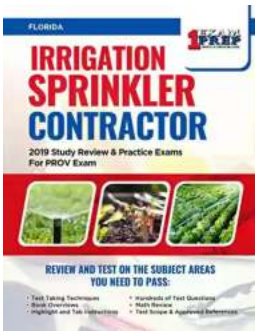
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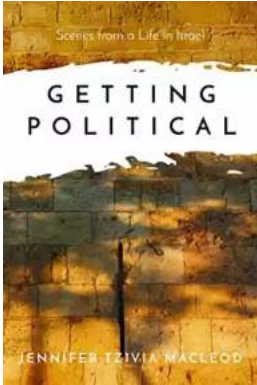
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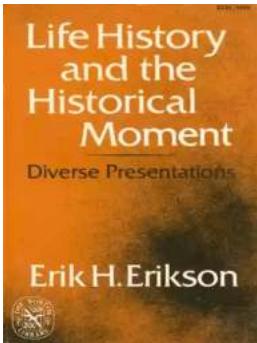
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