

Race Walking Record 913 October 2021



The logo is a vertical oval with a grey background. At the top is the Lee Valley Athletics logo, a circular emblem with a red border and a black and white crest. Below the logo, the text "Race Walking Record" is written vertically in a large, bold, grey sans-serif font. At the bottom of the oval, the text "January 2019" is written in a smaller, grey sans-serif font.



A male athlete in an orange singlet and black shorts is captured in profile, running on a blue track.

Luc Légen



Two female athletes in red singlets and black shorts are running on a blue track. The athlete in the foreground has bib number 286.

Pénélope Cummings & Ben Fury



A male athlete in a white singlet and blue shorts is running on a blue track, navigating around yellow cones. He has bib number 58.

Christian Hoppér



A female athlete in a red singlet and black shorts is running on a blue track, navigating around yellow cones. She has bib number 198.

Katie Stringer

Lee Valley New Year's Day
Indoor Open Meeting 2019

Photographs courtesy of Mark Eaton (mailto:mark.eaton@leevalley.com)

Are you ready for an incredible feat of athletic prowess? Hold on to your hats because the Race Walking Record 913 is coming this October! Get ready to witness a breathtaking display of speed, endurance, and technique as the world's most dedicated race walkers go head-to-head to secure a place in history.

What is Race Walking?

Race walking is an Olympic sport that combines speed and strategy in a highly unique way. In this discipline, athletes must maintain contact with the ground at all times and the leading leg must remain straight until it passes under the body. It is a demanding activity that requires a perfect balance between speed and technique.



Race Walking Record 913 - October 2021

by Macy Gerig (Kindle Edition)

★★★★☆ 4.8 out of 5

Language : English

File size : 965 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 26 pages

Lending : Enabled



Unlike running, where both feet can be off the ground simultaneously, race walkers must always have one foot in contact with the ground. This gives the sport its distinctive hip sway and creates a visually stunning spectacle for spectators.

The Road to the Record

The Race Walking Record 913 is setting the stage for a potential world record breaker. Athletes from around the world are training rigorously to compete at the event and leave their mark in the sport's history books.

The current men's world record stands at 3:32:33, set by Yusuke Suzuki of Japan on March 15, 2015. On the women's side, the record is held by Liu Hong from China, who completed the race in 3:59:15 on April 20, 2019. These records have been standing for years, but the Race Walking Record 913 promises to challenge them as never before.

The world's top race walkers, both men and women, will be taking part in this monumental event. National pride will be on the line as athletes aim to break records and cement their place in the annals of race walking history.

The Venue: City of Champions

The Race Walking Record 913 will take place in the majestic city known as the City of Champions. This city has a rich history in sports and has hosted numerous major athletic events throughout the years. Its picturesque landscapes provide the perfect backdrop for this exciting competition.

The race route will wind through the city's most iconic landmarks, showcasing the city's heritage while providing an exhilarating race experience for both athletes and spectators. From start to finish, the race will be an unforgettable journey that will undoubtedly leave a lasting impression on all who witness it.

Witness the Unforgettable

Don't miss out on the opportunity to witness history in the making! The Race Walking Record 913 is not just a competition but a celebration of human achievement, determination, and the pursuit of excellence.

Join us on October 16, 2021, and be part of this unforgettable event. Experience the roar of the crowd, the thrill of the race, and the triumph of pushing the limits of what is humanly possible.

Get your tickets now and secure your spot at the edge of your seat. This is a once-in-a-lifetime experience that you won't want to miss!



Race Walking Record 913 - October 2021

by Macy Gerig(Kindle Edition)

★★★★☆ 4.8 out of 5

Language : English
File size : 965 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 26 pages
Lending : Enabled



Race Walking Record is a nonprofit magazine about the sport of race walking, and walking events, primarily aimed at a UK audience. The magazine was founded in London in 1941. Race Walking is an endurance sport that is part of athletics, and has been in the Olympic Games since 1904.



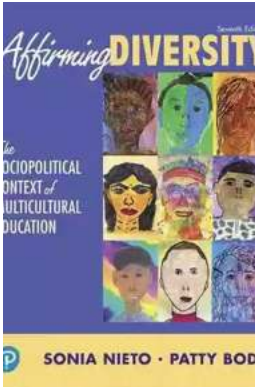
Compulsion Heidi Ayarbe - A Gripping Tale of Addiction and Redemption

Compulsion Heidi Ayarbe is a profound and captivating novel that delves into the complexities of addiction and redemption. In this article, we...



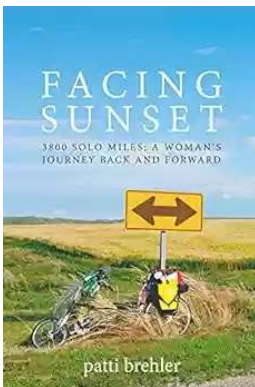
The Cottonmouth Club Novel - Uncovering the Secrets of a Dark and Sinister Society

Welcome to the dark and twisted world of The Cottonmouth Club, a thrilling novel that will keep you on the edge of your seat from beginning to end. Written by the talented...



The Sociopolitical Context Of Multicultural Education Downloads: What's New In

Living in a diverse and interconnected world, understanding and embracing multiculturalism has become a necessity. Education plays a crucial role in shaping individuals and...



The Epic Journey of a Woman: 3800 Solo Miles Back and Forward

Embarking on a solo journey is a life-altering experience. It takes immense courage, determination, and a thirst for adventure. And that's exactly what Emily Thompson had when...



Florida Irrigation Sprinkler Contractor: Revolutionizing Landscape Care

Florida, known for its beautiful landscapes and warm weather, requires efficient and precise irrigation systems to ensure the lushness and health of its many gardens...



Unveiling the Political Tapestry: Life in Israel

Israel, a vibrant country located in the Middle East, has a political landscape that is as intriguing and complex as its rich history. With its diverse population, cultural...



Life History And The Historical Moment Diverse Presentations

Do you ever find yourself wondering how history has shaped the world we live in today? How different moments, historical figures, and civilizations have shaped...



Miami South Beach The Delaplaine 2022 Long Weekend Guide

Welcome to the ultimate guide for making the most out of your long weekend in Miami South Beach in 2022. Whether you are a first-time visitor or a seasoned...