

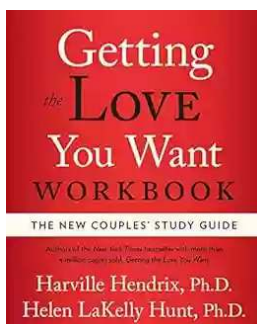
Getting The Love You Want Workbook - A Guide to a Lasting Relationship

Are you seeking to improve your relationship? Do you want to connect more deeply with your partner? If so, the Getting The Love You Want Workbook is a valuable resource that can help you achieve these goals. Designed to assist couples in developing a more fulfilling and lasting relationship, this workbook offers practical exercises and insights to enhance communication, resolve conflicts, and create a stronger bond with your loved one.

Understanding the Importance of a Loving Partnership

A loving and supportive partnership is the foundation of a happy and fulfilling life. However, maintaining a healthy relationship requires effort, understanding, and effective communication. Many couples face challenges and struggles along the way, which can lead to feelings of disconnect and dissatisfaction.

The Getting The Love You Want Workbook, based on the pioneering work of renowned marriage therapist Harville Hendrix, Ph.D., provides couples with a step-by-step guide to enhance their relationship. It delves into the core principles of Imago Relationship Therapy, a cutting-edge approach that offers practical solutions to restore harmony and reignite the passion within your partnership.



Getting the Love You Want Workbook: The New Couples' Study Guide by Corey Washington(Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English

File size : 3125 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 269 pages
Screen Reader : Supported



Discovering the Power of the Workbook

This comprehensive workbook is suitable for couples at any stage of their relationship, whether they are newlyweds looking to build a solid foundation or long-term partners seeking to deepen their connection. The exercises are designed to be completed together, promoting open and honest communication.

The interactive nature of the workbook allows you and your partner to explore layers of your relationship that may have previously gone unnoticed. Each chapter focuses on different aspects of the relationship, such as identifying childhood wounds, understanding triggers, practicing empathy, and creating a shared vision for the future.

Unveiling the Contents

The Getting The Love You Want Workbook comprises several sections that build upon one another to create a cohesive and transformative experience. These include:

- : Offers an overview of the book and outlines its purpose.
- **Part I: Creating a Conscious Partnership:** Explores the process of forming a deeper connection with your partner.
- **Part II: Understanding the Unconscious Partner:** Helps you uncover the underlying patterns and dynamics influencing your relationship.

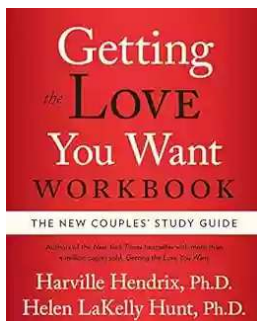
- **Part III: Transforming Your Relationship:** Provides practical tools and exercises to heal past wounds, improve communication, and foster positive change within your partnership.
- **Part IV: Building a Spiritual Partnership:** Focuses on the importance of spirituality, intimate rituals, and the continuous growth of your relationship.
- : Summarizes the key takeaways and encourages ongoing practice for long-lasting results.

Achieve Lasting Happiness in Your Relationship

The Getting The Love You Want Workbook not only helps you identify and address existing issues but also serves as a preventive tool to maintain a healthy and thriving partnership. By following the exercises and guidance provided, you can break free from negative patterns and cultivate a more loving and fulfilling relationship.

Remember, true transformation takes time and commitment. Embrace the opportunity to embark on this transformative journey together and create the relationship you've always dreamed of having.

Don't miss out on the chance to bring more love and joy into your life! Grab your copy of the *Getting The Love You Want Workbook* today!



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This newly revised and updated companion study guide to the 2019 edition of the New York Times bestseller *Getting the Love You Want*.

In 1988, Harville Hendrix, in partnership with his wife, Helen LaKelly Hunt, published a terrifically successful relationship guide called *Getting the Love You Want*. The book introduced thousands to their Imago Relationship Therapy, a unique healing process for couples, prospective couples, and parents, and developed into an overnight sensation. For their part, Doctors Hendrix and Hunt managed to aid scores of couples in their plight for more loving, supportive, and deeply satisfying relationships. Now, more than a decade later, this companion book picks up where its predecessor left off, delving further into relationship therapy to help transform relationships into lasting sources of love and companionship.

The *Getting the Love You Want Workbook* is designed for the hundreds of thousands of couples who have attended Imago workshops since *Getting the Love You Want* hit bookstands, as well as new and curious ones seeking a practical route back to intimacy and passionate friendship. The workbook contains a unique twelve-week course (The New Couples' Study Guide) designed to help work through the exercises published in Part III of *Getting the Love You Want*.

For those of us struggling to maintain our most precious relationships, the *Getting the Love You Want Workbook* helps us grow aware of our individual, unconscious

agenda while steering us towards a more harmonious link with our loved ones that will satisfy our deepest needs.



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