

Embracing Change: Perspectives on Dance and Young People



DANCE, ACCESS AND INCLUSION

Perspectives on dance, young people and change

Edited by Stephanie Burrige and Charlotte Svendler Nielsen



Dancing Across Borders: Perspectives on Dance, Young People and Change

by Kevin Miller(1st Edition, Kindle Edition)

★★★★☆ 4.6 out of 5



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In a rapidly evolving world, dance has become an avenue for young people to express themselves, challenge stereotypes, and embrace change. The transforming nature of dance transcends limitations and provides a platform to shape perspectives and encourage personal growth. This article delves into the various aspects of dance, showcasing its power to influence and empower younger generations.

The Evolution of Dance

Dance, as an art form, has witnessed significant evolution throughout history. From traditional cultural dances that carry rich heritage to contemporary styles that push boundaries, this art form has always adapted to the changing times. Now, more than ever, young dancers are embracing various dance styles to express themselves, blending traditional moves with modern influences. It is through this amalgamation that they breathe new life into dance, creating a dynamic and ever-evolving environment.

Dance as a Medium for Change

One of the most profound aspects of dance is its ability to address social issues and challenge preconceived notions. Through powerful performances, young

dancers initiate conversations and spark change within their communities. They tackle subjects ranging from gender equality and body positivity to racial injustice, using their movements to break down barriers and highlight the need for transformation. Dance becomes a vehicle for social progress, providing a voice for those who are often unheard.

The Empowering Effect of Dance

Dance empowers young people by promoting self-confidence, discipline, and resilience. The intricate choreography and dedication required in dance demand focus and commitment, nurturing invaluable life skills. Additionally, dance serves as a safe space for self-expression, allowing young dancers to explore their emotions and develop a sense of identity. The empowering effect of dance not only fosters personal growth but also inspires young people to effect change in their communities.

Dance Education and Mentorship

The importance of dance education and mentorship cannot be overstated. Young dancers thrive when provided with proper guidance, training, and mentorship opportunities. Dance schools and programs play a crucial role in shaping the next generation of dancers, fostering talent, and cultivating an environment where change is embraced. By investing in education and mentorship, society paves the way for a future where the transformative power of dance continues to make a positive impact.

As the world continues to change, dance remains a timeless art form that inspires young people to challenge the status quo and bring about positive transformations. It offers a platform for self-expression, a medium for addressing social issues, and a catalyst for personal growth. By embracing and supporting young dancers, society empowers them to take charge and make a difference.

Together, let us celebrate dance and its invaluable role in shaping perspectives on youth and change.

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Dancing Across Borders presents formal and non-formal settings of dance education where initiatives in different countries transcend borders: cultural and national borders, subject borders, professional borders and socio-economic borders. It includes chapters featuring different theoretical perspectives on dance and cultural diversity, alongside case narratives that show these perspectives in a specific cultural setting. In this way, each section charts the processes, change and transformation in the lives of young people through dance.

Key themes include how student learning is enhanced by cultural diversity, experiential teaching and learning involving social, cross-cultural and personal

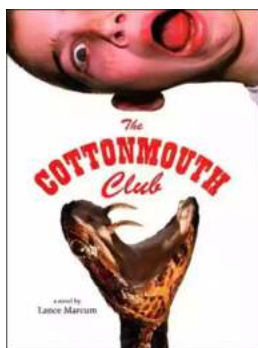
dimensions. This conceptually aligns with the current UNESCO protocols that accent empathy, creativity, cooperation, collaboration alongside skills- and knowledge-based learning in an endeavour to create civic mindedness and a more harmonious world.

This volume is an invaluable resource for teachers, policy makers, artists and scholars interested in pedagogy, choreography, community dance practice, social and cultural studies, aesthetics and interdisciplinary arts. By understanding the impact of these cross-border collaborative initiatives, readers can better understand, promote and create new ways of thinking and working in the field of dance education for the benefit of new generations.



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