

Discover the Seven Core Decisions that Lead to Extraordinary Living!

Are you ready to transform your life and embrace the extraordinary? In this article, we will explore the powerful philosophy of living that centers around The Seven Core Decisions. These decisions, when followed consistently, can lead to profound personal growth, success, and fulfillment.

1. Decision to Take Responsibility

The first core decision for extraordinary living is to take full responsibility for your life. This means acknowledging that you have the power to create your own reality and accepting that your choices shape your experiences. When you take responsibility for your actions and decisions, you empower yourself to make positive changes and take control of your destiny.

By understanding that you are not a victim of circumstances, you can overcome challenges and find opportunities for growth. Taking responsibility also means embracing accountability and learning from your mistakes, as they offer valuable lessons for personal development.



The Yarnell 7: The Seven Core Decisions for Extraordinary Living

by Amy Yarnell Carter (Kindle Edition)

★★★★☆ 4.7 out of 5

Language	: English
File size	: 925 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 167 pages



2. Decision to Set Clear Goals

The second core decision is to set clear goals for yourself. Without a roadmap, it is easy to feel lost or directionless. By defining your goals and ambitions, you give yourself a clear target to strive towards. Think about both short-term and long-term goals, and ensure they are aligned with your values and aspirations.

A crucial aspect of setting clear goals is to break them down into smaller, achievable steps. This not only makes your goals more actionable but also provides a sense of progress and accomplishment as you tick off each milestone. Remember, extraordinary living is all about consistent growth and progress!

3. Decision to Cultivate a Positive Mindset

Positive thinking can have a tremendous impact on your overall well-being and success. The third core decision is to cultivate a positive mindset, which involves nurturing optimistic thoughts, beliefs, and attitudes. By focusing on the good in any situation, you can enhance your resilience in the face of adversity and open up new possibilities.

Achieving a positive mindset requires practice and self-awareness. Take note of your thought patterns and consciously replace negative thoughts with positive ones. Surround yourself with uplifting influences, gratitude, and affirmations to further cultivate positivity in your daily life. Cultivating a positive mindset is a lifelong journey, but it is one that can transform your perception of the world and lead to extraordinary living.

4. Decision to Take Action

Deciding to take action is the fourth core decision on our path to extraordinary living. Having dreams and aspirations is wonderful, but without action, they remain merely wishes. It is essential to take bold steps towards your goals, even if they appear challenging or unfamiliar.

Procrastination is a common roadblock on the way to extraordinary living. Overcoming it requires determination and discipline. Break down your action plan into small, manageable tasks, and commit to completing them consistently. Remember that every small step counts, and the journey to extraordinary living is built through consistent effort.

5. Decision to Embrace Continuous Learning

Learning and growth are keys to unlocking extraordinary living. The fifth core decision is to embrace continuous learning. To evolve and thrive, it is crucial to be open to new ideas, perspectives, and experiences. Expanding your knowledge broadens your horizons, ignites creativity, and allows you to adapt to changing circumstances.

There are countless opportunities to learn, from reading books and attending seminars to listening to podcasts and engaging in thought-provoking conversations. Seek out mentors and surround yourself with people who inspire you to learn and grow. By incorporating a mindset of continuous learning, you position yourself for extraordinary living.

6. Decision to Practice Gratitude

Gratitude is a powerful practice that can enhance your well-being and bring joy and fulfillment into your life. The sixth core decision is to practice gratitude daily.

By consciously acknowledging and appreciating the blessings in your life, you shift your focus from what is lacking to what you already have.

Regularly taking time to reflect on the positive aspects of your life strengthens your emotional resilience and can improve your relationships. Expressing gratitude also allows you to embrace a more optimistic outlook and attract more abundance and positivity into your life.

7. Decision to Serve Others

The final core decision for extraordinary living is to serve others. When you shift your focus from self to others, incredible transformation occurs. Contributing to the well-being of others not only brings immense joy but also empowers you to make a meaningful impact on the world.

Serving others can take various forms, such as volunteering, mentoring, or simply practicing acts of kindness. By embracing empathy and compassion, you create a ripple effect of positivity that benefits both yourself and those around you.

Empower yourself with the decision to serve, and you will experience a profound sense of fulfillment and purpose.

Incorporating the seven core decisions for extraordinary living into your life requires dedication and commitment. However, the rewards are immeasurable. By taking responsibility, setting clear goals, cultivating a positive mindset, taking action, embracing continuous learning, practicing gratitude, and serving others, you can unleash the extraordinary potential within you.

Remember, extraordinary living is not a destination but a lifelong journey.

Embrace these core decisions, and may your life be transformed into something truly extraordinary!



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-Amazon Best Seller-

Are you aware that you can choose to live an extraordinary life?

You have options. And the only person in charge here is: you.

You can choose to live an extraordinary life...or not.

And at some point in your life, you will need to DECIDE if you prefer to continue down the normal path of indecision and the general monotony of ordinary existence or if you prefer to get off that bus and be extraordinary.

There will be a time when you need to DECIDE that your life is NOT dictated by events and people around you but that your life is, indeed, your own.

You have arrived at that time NOW and you have a decision to make.

Do you want to live an extraordinary life? Or do you not?

The Yarnell 7 is not an ordinary book. It is a manual for living the best life that you can possibly live. It is NOT a positive thinking, imagine-it-all-and-it-will-come-true type of book. It is a guide of certainty that provides you with the seven most powerful decisions that you will ever make.

So if you are ready to finally LIVE at the HIGHEST LEVEL, then CONGRATULATIONS. You are on your way from ordinary to extraordinary.

The Yarnell 7 is based on the high performance decisions that the best-selling author, award-winning speaker and network marketing legend, Mark Yarnell, made on a daily basis. These seven decisions enabled him to live an extraordinarily happy, successful and all-around phenomenal life. Written by his daughter, Amy Yarnell Carter, The Yarnell 7 gives you the opportunity to make the same powerful decisions that Mark Yarnell made and to live the extraordinary life that you so richly deserve.

Read on, my friend, and as Mark Yarnell would say, "I'll see you on the beaches of the world!"

Author Interview

"Amy Yarnell Carter – Decisions Define Our Lives"

By ManyBooks

Upon the passing of Mark Yarnell, legendary public speaker, network marketer and best-selling author, his daughter, Amy Yarnell Carter, decided to write a book about him. She realized that it was her responsibility to teach others why and how Mark Yarnell lived an extraordinary life so that they too could reap the rewards of high-performance decision making. As our Author of the Day, Yarnell tells us what

it was like to have Mark Yarnell as a father, talks about the importance about everyday decisions in life and chats about her book, The Yarnell7.

"Please give us a short to what The Yarnell7 is about."

The Yarnell 7 is based on the decisions that my dad, Mark Yarnell, made on a daily basis. When he passed away in 2015, I knew that I then had the responsibility to explain why and how he lived such an extraordinary life. He was not only a best-selling author, speaker and legendary network marketer, but most importantly, my dad experienced true LIFE success. His levels of passion and joy and enthusiasm remained high throughout his entire life. The Yarnell 7 provides the powerful seven decisions that he made in the hopes that other people will be able to model him and live extraordinary lives as well.

"Why did you decide to write this book now?"

In 2015, I knew I had to write this book within the first week after he passed away...it might have been the first 24 hours actually. I had the idea, I had the title. The two-year delay was really due to the mourning process. Though it was a difficult time, I kept working on the ideas presented in this book and finally decided to write it earlier this year.

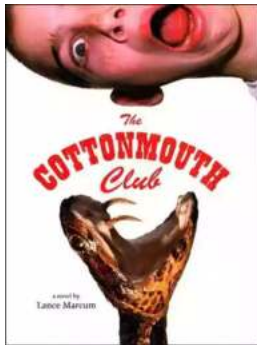
"Why are the decisions we make in life so important?"

The decisions that we make define our lives and it is very easy to NOT notice that we are making decisions all day every day within our own minds about the world around us. The Yarnell 7 covers decisions that we should be making all day every day on a very basic level, and in regards to the world around us, but it also explains the importance of the decisions that we make inside of our own minds and how incredibly vital they are to our success.



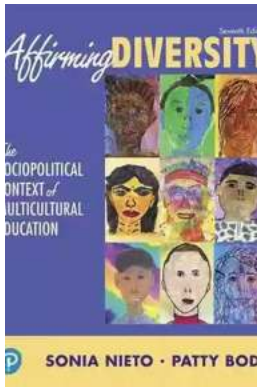
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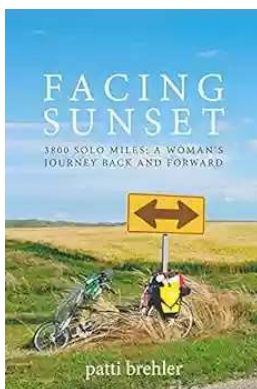
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