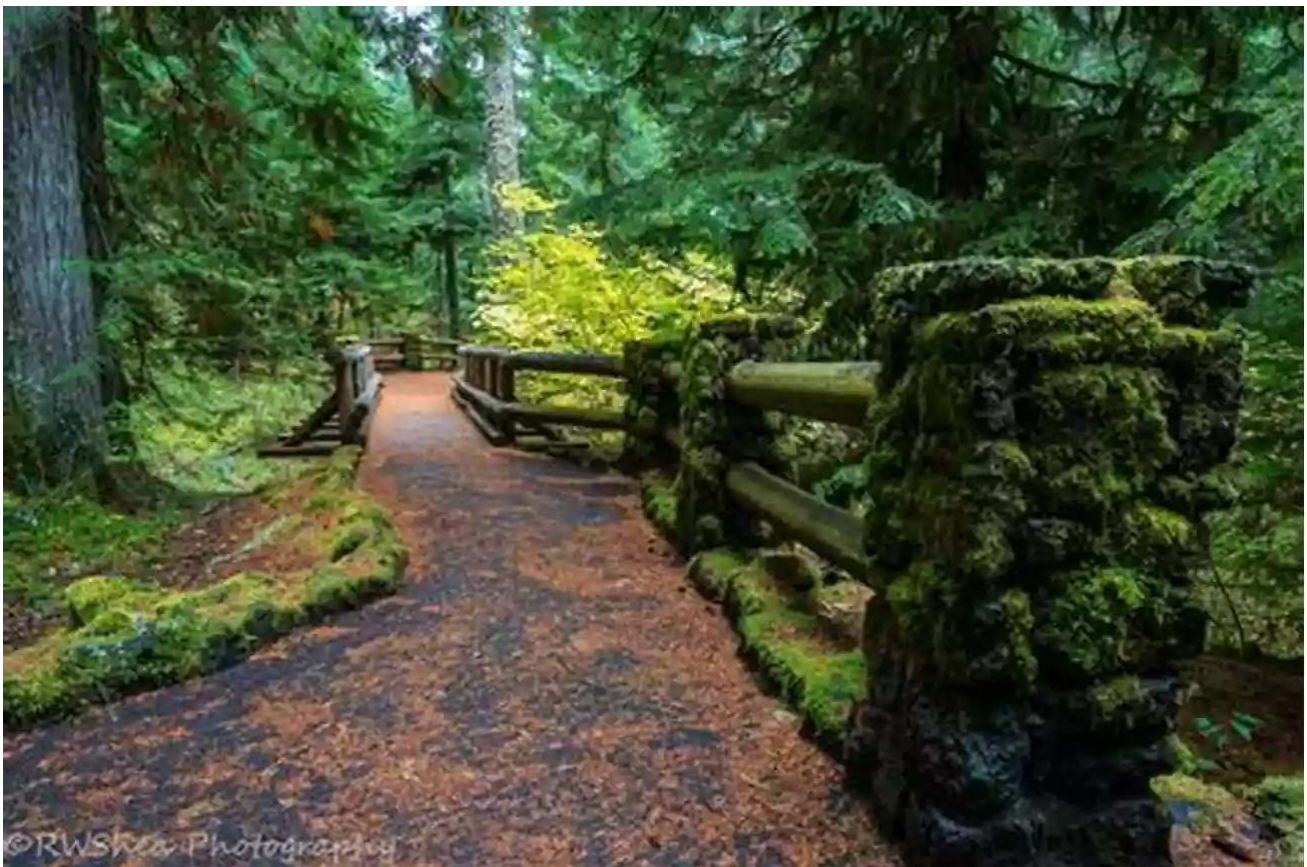


# Backpacking Oregon From River Valleys To Mountain Meadows

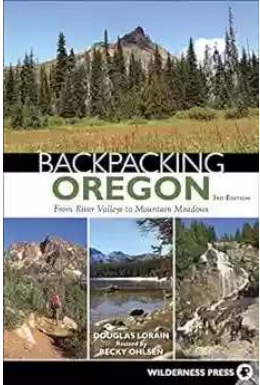
Are you ready to embark on an extraordinary backpacking adventure in Oregon? From picturesque river valleys to breathtaking mountain meadows, Oregon offers a diverse range of landscapes that will leave you in awe. Whether you're an experienced backpacker or a beginner looking for an exciting outdoor experience, this guide will lead you through the most incredible backpacking trails in the state.

## 1. McKenzie River Trail



The McKenzie River Trail is a must-do backpacking route for nature enthusiasts. This 26-mile trail winds through ancient forests, passing stunning waterfalls and crystal-clear blue pools. As you hike, be captivated by the lush greenery and the

soothing sound of the rushing river. This trail is moderately challenging, showcasing some elevation gains and challenging terrains, but the reward is definitely worth it.



## Backpacking Oregon: From River Valleys to Mountain Meadows

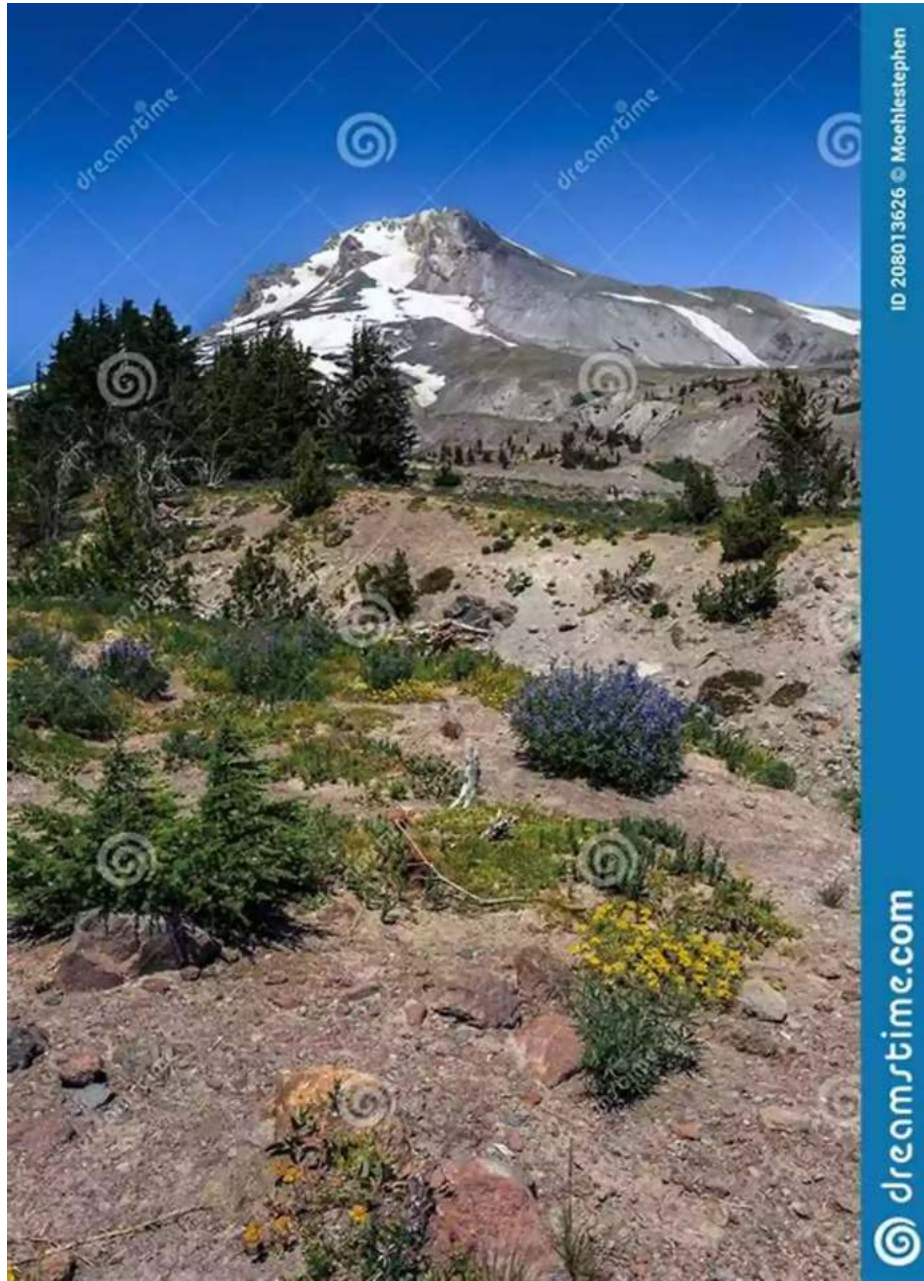
by Douglas Lorain (Kindle Edition)

★★★★☆ 4.5 out of 5

Language	: English
File size	: 38476 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
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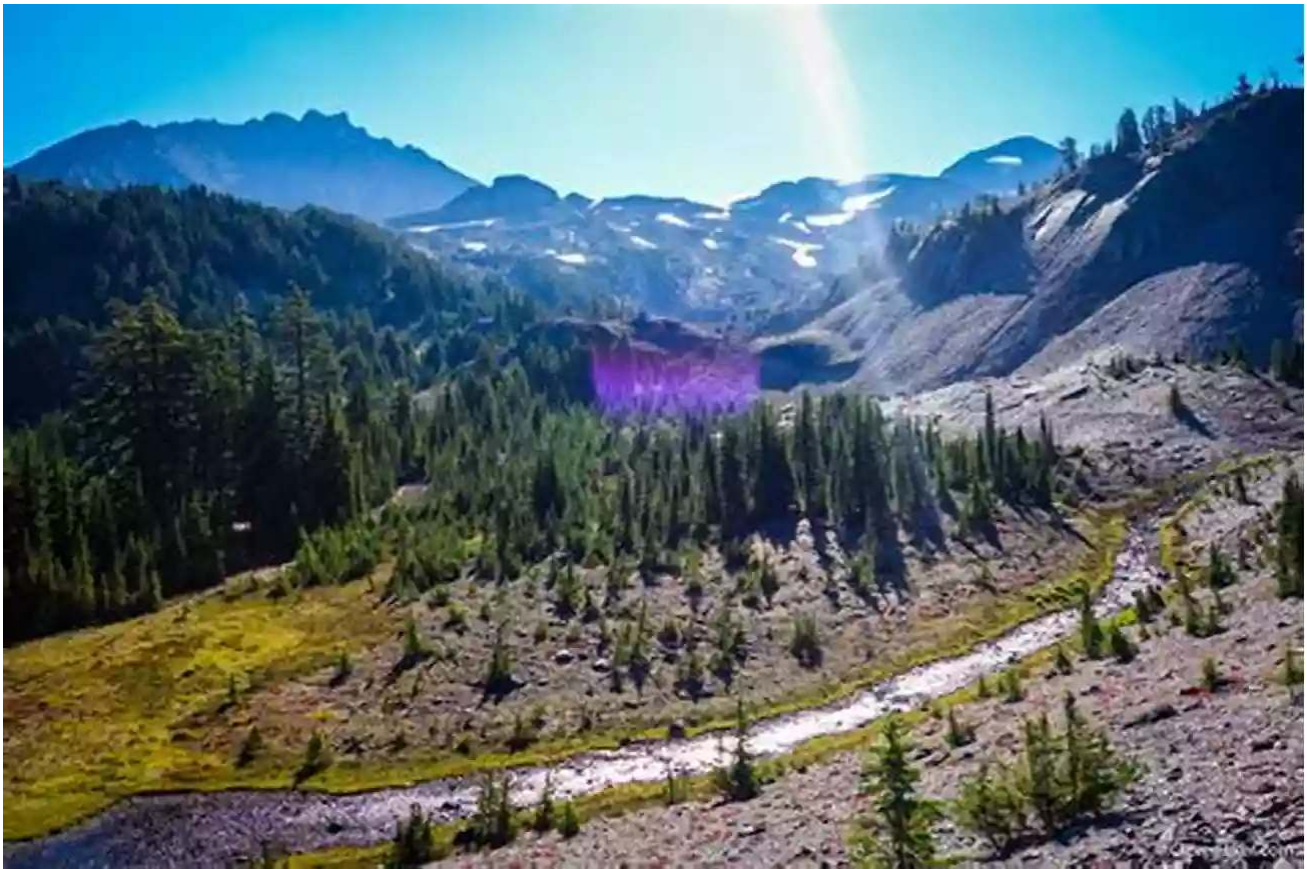


## 2. Mount Hood Wilderness Loop



If you're up for a more demanding adventure, the Mount Hood Wilderness Loop is the perfect choice. This 40-mile loop takes you through diverse ecosystems, including alpine meadows, towering forests, and majestic glaciers. As you reach higher altitudes, you'll be rewarded with unparalleled views of the iconic Mount Hood. Don't forget to pack your camera – you'll want to capture these incredible moments!

### **3. Three Sisters Loop**



The Three Sisters Loop is a challenging and awe-inspiring backpacking adventure. This 47-mile loop encircles the majestic peaks of the Three Sisters, a trio of volcanic mountains. Prepare to be enchanted by the snow-capped summits, colorful wildflower meadows, and sparkling alpine lakes. While the route can be quite strenuous, the breathtaking views and the sense of accomplishment make it all worth it.

### **4. Wallowa Mountains Loop**



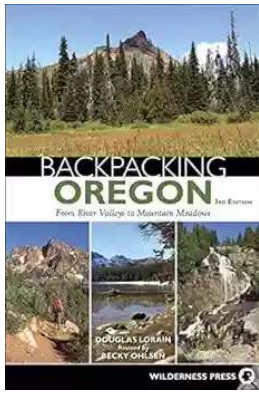
The Wallowa Mountains Loop in eastern Oregon is a backpacking expedition that shouldn't be missed. This remote and rugged 32-mile loop takes you through an alpine wonderland, with jaw-dropping views of glacier-carved valleys and towering peaks. Be prepared for dramatic weather changes and consider camping near the crystal-clear lakes to fully immerse yourself in the beauty of the Wallowa Mountains.

## **5. Eagle Cap Wilderness**



The Eagle Cap Wilderness is a true gem for backpackers seeking solitude and untouched beauty. With over 50 trails to choose from, you can customize your backpacking experience to suit your preferences. Explore high mountain valleys, cascading waterfalls, and alpine meadows blanketed with colorful wildflowers. Keep an eye out for wildlife, as this area is home to deer, elk, and various bird species. Prepare to be amazed by the unspoiled nature surrounding you.

Oregon is a backpacker's paradise, offering a multitude of stunning trails that showcase the state's natural beauty. Whether you prefer venturing through river valleys, conquering mountain meadows, or exploring vast wilderness areas, Oregon has it all. These five backpacking routes are just a glimpse of the many jaw-dropping hikes available in this incredible state. So pack your backpack, lace up your boots, and prepare for an adventure of a lifetime in the diverse landscapes of Oregon!



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### Your Guide to Oregon's Best Backpacking Trips

Colorful desert canyonlands, stunning wildflower meadows, glacier-clad mountains—find your favorite scenic escape in Oregon. Authors and hiking experts Douglas Lorain and Becky Ohlsen present 26 of the best backpacking opportunities in the country. Explore the various landscapes of the Willamette Mountains. See the peaks of Mount Hood and the Three Sisters in the High Cascades, as well as the gaping chasm of Hells Canyon. Each carefully crafted itinerary offers geographic diversity, beautiful settings, and attainable daily mileage goals.

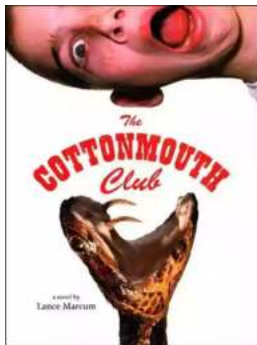
This in-depth guide provides all the information backpackers need, including trail highlights, total mileage, elevation gain, days on the trail, shuttle distances, required permits, and more—not to mention professional photographs and detailed maps. Plus, ratings for scenery, solitude, and difficulty help you to find the exact adventure you seek. As an added bonus, the authors include

recommendations for 16 additional backpacking trips. Whether you have three days or two weeks, an adventure filled with spectacular sights and superb vistas awaits.



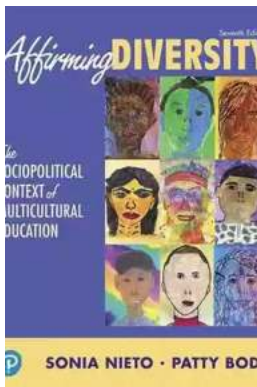
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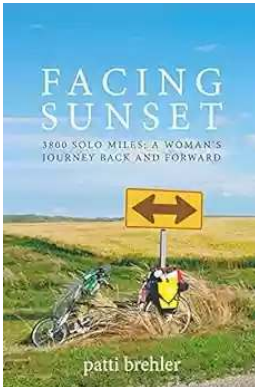
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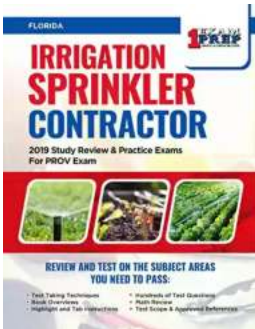
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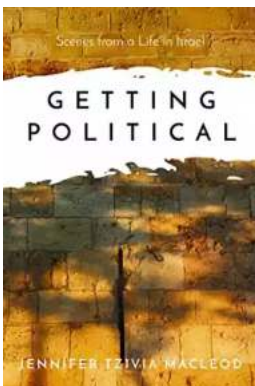
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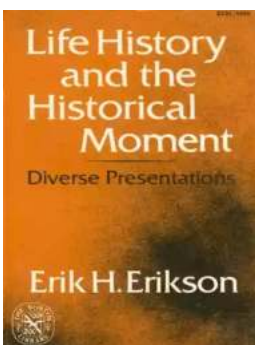
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