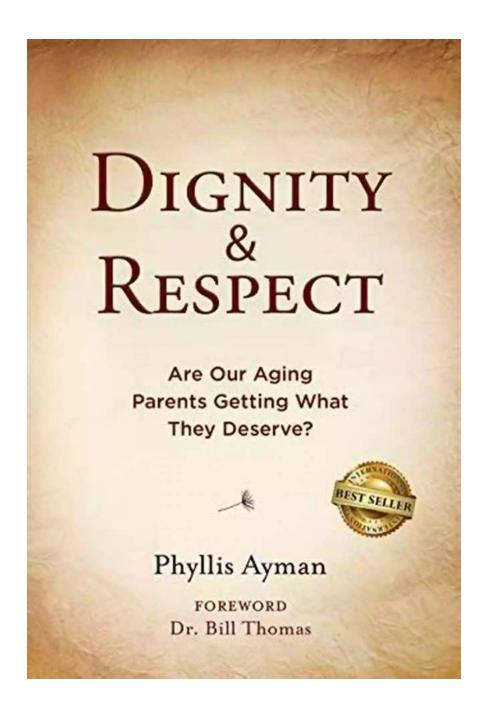
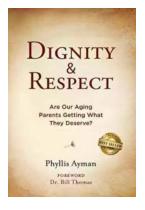
Are Our Aging Parents Getting What They Deserve?



As our parents age, it becomes increasingly important for us to ensure that they are receiving the care and attention they deserve. However, in a society that often overlooks the needs of the elderly, it is crucial for us to start questioning whether our aging parents are truly getting what they deserve.

Understanding the Challenges

There are several challenges that our aging parents may face as they grow older. These challenges can range from physical health issues to mental and emotional well-being. It is crucial for us to recognize and address these challenges in order to provide the care and support our parents need.



Dignity & Respect: Are Our Aging Parents Getting		
What They Deserve? by Phyllis Ayman(Kindle Edition)		
🚖 🚖 🚖 🚖 4.9 out of 5		
Language	: English	
File size	: 304 KB	
Text-to-Speech	: Enabled	
Screen Reader	: Supported	
Enhanced typesetting: Enabled		
Word Wise	: Enabled	
Print length	: 122 pages	



Physical Health

As our parents age, their physical health may deteriorate, making it more difficult for them to perform daily tasks and take care of themselves. They may experience mobility issues, chronic pain, or other ailments that require medical attention and assistance.

Mental and Emotional Well-being

With age, our parents may also face mental and emotional challenges. Loneliness, depression, and cognitive decline are common issues that affect the elderly population. It is important for us to address these challenges and provide the necessary support to ensure their well-being.

The Role of Society

Unfortunately, our society often fails to recognize the needs of the elderly. Ageism and neglect are pervasive issues that can result in our aging parents not receiving the care and respect they deserve. It is essential for us to break down these barriers and advocate for better treatment and support for the elderly.

Lack of Social Support

Many elderly individuals suffer from a lack of social support, which can contribute to feelings of isolation and loneliness. Our aging parents deserve to have a strong support system that includes family, friends, and community resources to ensure their social and emotional well-being.

Financial Struggles

Financial struggles can also hinder the ability of our aging parents to receive the care they deserve. Many elderly individuals live on fixed incomes and struggle to afford essential services and healthcare. It is crucial for society to provide affordable and accessible resources to support our aging population.

What Can We Do?

As individuals, there are several steps we can take to ensure that our aging parents are getting what they deserve:

1. Stay Involved

It is important for us to stay actively involved in our parents' lives as they age. Regular communication, visits, and quality time can make a significant difference in their well-being.

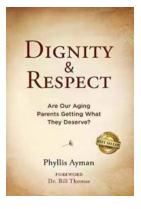
2. Advocate for Their Rights

We should advocate for the rights of our aging parents and ensure that they receive the care they deserve. This may involve discussing their needs with healthcare providers, seeking legal assistance, or utilizing community resources.

3. Educate Ourselves

By educating ourselves about the challenges and resources available for the elderly, we can better support our aging parents. Researching healthcare options, financial assistance programs, and senior living facilities can provide us with the knowledge needed to make informed decisions.

Our aging parents deserve to be treated with respect, care, and dignity. It is our responsibility to ensure that they receive the support they need as they navigate the challenges of aging. By understanding the challenges they face, advocating for their rights, and staying involved in their lives, we can make a positive impact and ensure that our aging parents are getting what they truly deserve.



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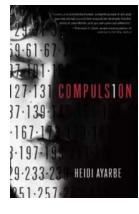
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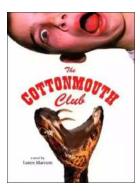
The story begins from inside the COVID19 storm which ravaged our nations nursing homes, affecting the over one million residents and the healthcare

workers who are the true unsung heroes working there. It offers an on the ground perspective on how it felt inside the nursing home, especially the lack of PPE that impacted the spread of the virus. Dignity & Respect continues tracing the story to the ill effects of isolation and loneliness on older adults, whether they are living in nursing homes or amongst us in our nation's communities and goes on to address our attitudes towards aging and older adults. These attitudes are deeply entrenched in our language and our culture and affects how we feel about "getting older." from both a societal and individual perspective, ultimately affecting the care our elders receive. This insightful and informative book asserts that the core values of respect and dignity are the foundation for developing strategies that will help all those we love, and our future selves. to achieve a greater sense of peace and contentment as we age.



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