

American Veterans for Cannabis Therapy

Cannabis as a Potential Solution for Veterans' Health and Well-being

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- Benefits of Cannabis Therapy
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American veterans have long faced various physical and mental health challenges resulting from their service. As the medical community advances its understanding of different treatment options, cannabis therapy has emerged as a potential solution for veterans seeking relief from their ailments. This article explores the benefits of cannabis therapy, the advocacy efforts within the veteran community, and the obstacles and progress in incorporating this alternative treatment option.



Medical Cannabis for Chronic Pain Relief: American Veterans for Cannabis Therapy

by Steven Leonard-Johnson RN PhD (Kindle Edition)

★★★★☆ 4.1 out of 5

Language : English
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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 96 pages
Lending : Enabled

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Benefits of Cannabis Therapy

Research suggests that cannabis therapy may alleviate symptoms of several conditions commonly experienced by veterans, such as chronic pain, post-traumatic stress disorder (PTSD), and insomnia. The plant's compounds, including THC and CBD, interact with the body's endocannabinoid system to promote relief and relaxation, potentially offering a natural alternative to traditional medications. Evidence showcases reduced pain intensity, improved sleep quality, and lowered anxiety levels among veterans incorporating cannabis therapy into their treatment plans.



Advocacy Within the Veteran Community

Many American veterans have become strong advocates for cannabis therapy. Through various organizations and support networks, such as the American Veterans for Cannabis Therapy (AVCT), veterans are actively working to raise awareness about the benefits of cannabis as a treatment option. AVCT collaborates with medical professionals, policymakers, and community leaders to facilitate research, push for legislative changes, and provide education about cannabis therapy. Their mission is to empower veterans with knowledge and access to this potential solution.

Obstacles and Progress

Despite the growing evidence supporting the efficacy of cannabis therapy, several obstacles remain. Federal regulations and the status of cannabis as a Schedule I drug restrict its accessibility for medical use. This classification hinders research opportunities and prevents veterans from seamlessly accessing cannabis therapy within the healthcare system. However, progress is being made, as more states legalize medical cannabis, and legislation evolves to recognize the potential benefits for veterans. The Department of Veterans Affairs (VA) is increasingly exploring cannabis as a viable form of treatment, with some steps being taken to offer support and information to veterans.

American veterans deserve access to effective and safe treatment options for their physical and mental health conditions. Cannabis therapy has shown promise in providing relief from symptoms commonly experienced by veterans, including chronic pain and PTSD. As the conversation around cannabis evolves, advocacy within the veteran community and the wider society is crucial to drive change, remove barriers, and ensure that veterans can benefit from this alternative form of therapy. By supporting organizations like the American Veterans for Cannabis

Therapy, we can contribute to the well-being of our brave servicemen and women.

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Going forward, 100% of this book's proceeds will be donated to The Hope House for homeless Veterans and their families.

This is an intermediate level cannabis book. This book is not designed for the beginner. A few chapters delve deeply into cannabis physiology and it may be more than a beginner will want to take on.

This book takes cannabis education to the next level. This is an excellent book for those bored with basic cannabis books. It was designed for those needing and wanting more sophisticated cannabis knowledge.

That said, this book is dedicated to American Veterans.

Many Veterans cope with chronic pain every day. Veterans have been saying for years that cannabis has helped them with their post war pain, as well as their emotional and psychological stress.

In many cases, Veterans are given opioid pain killers for chronic pain and in the long run this may only increase their opioid tolerance, work less effectively over time and may actually increase pain by becoming less effective with long term use.

This book is not anti-opioid, rather many have reported that cannabis can also improve opioid efficiency and safety when opioids are medically necessary.

Opioid tolerance and an eventual lack of pain killing effect have resulted in Veterans overdosing on opioid pain pills at twice the rate as the general public. This may be by accidental overdose or suicide. This has become an epidemic and cannabis as medicine needs to be addressed by the VA.

This opioid epidemic is also creating thousands of widows and widowers. It is creating hardship on the surviving family members. There are now thousands of motherless and fatherless children because of opioid overdose deaths. Is this the best we can do America? I think we can do better. Many millions of Americans think it is time to explore cannabis as medicine in the military.

Many other countries currently treat their military personnel with cannabis. Israel was the first and most aggressive country to do so, other countries have followed. The U.S. military can learn to do the same. Over 90% of the families and Veterans of the American Legion are in support of cannabis therapy for Veterans.

Six of these books were hand delivered by Veterans to the top officials at the US Department of Veterans Affairs. This happened at a top level meeting in

Washington, DC. 2017



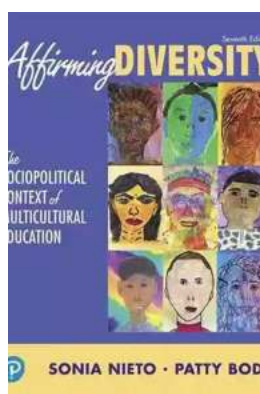
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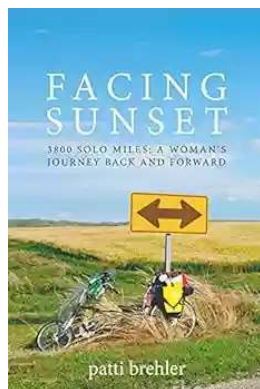
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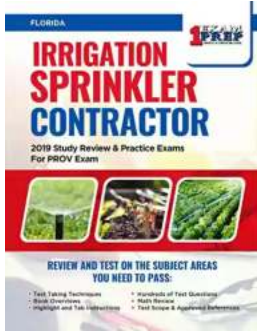
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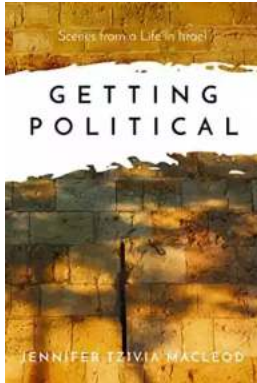
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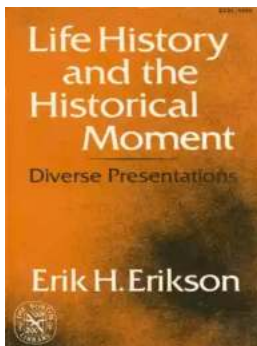
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