

8 Secrets That Will Make You an Elegant Tango Dancer

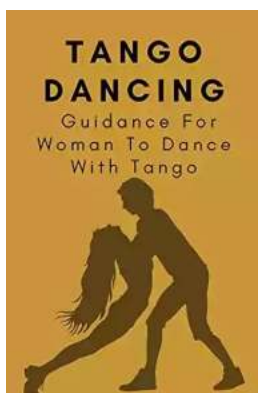


Tango, the passionate and sensual dance that originated in the late 19th century in the streets of Buenos Aires, Argentina, has captivated people all over the world. Whether you have been enchanted by the music, fascinated by the elegant

moves, or simply curious about immersing yourself in a rich cultural experience, learning to dance the tango can be a transformative journey.

1. Embrace the Tango Culture

Before diving into the dance itself, it's essential to understand the origins, history, and cultural significance of tango. Do your research, read books, watch documentaries, and immerse yourself in the Argentinean culture. Understanding the essence of tango will provide you with a deeper connection to the dance and enhance your performance.



Tango Dancing: Guidance For Woman To Dance With Tango: Tango For Women

by Paul Bouissac(Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 3666 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 49 pages

Lending : Enabled

Paperback : 104 pages

Item Weight : 3.84 ounces

Dimensions : 5 x 0.24 x 8 inches



2. Find the Right Tango Partner

Choosing the right partner is crucial for a successful tango experience. Look for someone who shares your passion, has a similar skill level, and complements your dancing style. Building a solid connection with your partner will make the dance more enjoyable and harmonious.

3. Listen to the Tango Music

Practice Task 2
Changing weight in the embrace

1 Changing weight in the embrace

- Stand in basic embrace. Keep the point of contact at leader's chest.
- Leader initiates movement from chest, transfer most of weight onto right foot so that left foot is slightly off the floor.
- Follower responds to the movement by flexing, transfer most weight onto left foot so that right foot is slightly off the floor.
- Repeat, changing weight eight times, leader initiates when changes happen.

TECHNIQUE TIP
 Followers concentrate on your following role - don't try to lead!

Something harder
A different way

Try the task in different ways

- Start with the knees touching in the basic ready stance to initiate the movement from the chest and the follower senses that movement.
- Make your transfers of weight smaller and smaller so that your weights shift, but your feet do not leave the floor.
- Start the follower closing their eyes but NOT the leader.

REMEMBER TIP
 Don't stop when one moves. Try and keep the stability of the movement even that you are moving faster.

Practice Task 3
Walks with your partner

- Stand in basic embrace. Keep the point of contact at the leader's chest.
- Leader transfer weight to right foot, (follower transfer weight to left foot.)
- Leader step forward with left foot, leading the movement from chest. (follower feet the movement start at the chest and when the leader steps forward then ready with a step backward with right foot.)
- Both collect feet to own position.
- Repeat the walk four times.
- Change weight in the position (up to four times).
- Repeat the steps and changes of weight again as many times as you can.
- Put on a piece of music and get back in the embrace.

REMEMBER
 Following the leader as they have a lot of thinking to do as well as thinking to be patient!

x4 **x4**

144 Dance Manual • Argentine tango

Argentine tango • Dance Manual 145

The music is the heartbeat of tango. Spend time listening to classic tangos by renowned artists such as Carlos Gardel, Astor Piazzolla, and Juan D'Arienzo. Familiarize yourself with the rhythm, the melody, and the emotions conveyed through the music. This connection will improve your ability to interpret the dance with elegance and authenticity.

4. Learn the Tango Techniques

Mastering the techniques is crucial to becoming a proficient tango dancer. Pay attention to your posture, balance, footwork, and embrace technique. Take lessons from experienced tango instructors who can guide you through the intricacies of the dance. Practice regularly and be patient with yourself as it takes time to internalize the techniques.

5. Develop Your Tango Styling

While technique is important, adding your personal touch and style to the dance will make you stand out. Experiment with different movements, arm gestures, and body expressions to find your unique tango styling. Building your own identity within the dance will make it more enjoyable and fulfilling.

6. Connect with Your Tango Emotions

Tango is not merely a sequence of steps; it's an emotional conversation between two bodies. Dive deep into your emotions and let them guide your movements. Feel the passion, the longing, the sensuality, and the melancholy that tango evokes. By connecting with your emotions, you will create a captivating and mesmerizing dance experience.



7. Attend Milongas and Tango Festivals

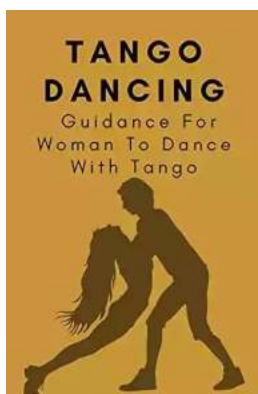
To fully immerse yourself in the tango world, attend milongas (tango social dances) and tango festivals. These events provide valuable opportunities to practice your skills, meet other dancers, and learn from experienced professionals. Dancing in a social setting will enhance your tango abilities and expand your tango network.

8. Enjoy the Journey

Above all, remember to enjoy the journey of learning and dancing tango. Embrace the challenges, celebrate the successes, and savor every moment on the dance floor. Tango is not just a dance; it's a way of life that can bring immense joy, personal growth, and deep connections.

So, let go of your inhibitions, put on your dancing shoes, and let the captivating world of tango embrace you. Tango has a way of revealing the most hidden parts of ourselves, allowing us to truly connect with our souls and with others. Begin your tango adventure today!

© 2022 Tango Dance Lovers. All rights reserved.



Tango Dancing: Guidance For Woman To Dance With Tango: Tango For Women

by Paul Bouissac(Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 3666 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 49 pages

Lending : Enabled

Paperback : 104 pages

Item Weight : 3.84 ounces

Dimensions : 5 x 0.24 x 8 inches



Tango dance is one the most famous partner dances that emphasizes the vibrant and playful style of movement, rich expressions, improvisation and requires close connection and passion between dancers. It is currently practiced by millions of people from all around the world, who have learned to love not only a traditional tango style which was popularized in the late 19th and early 20th century but also many of its other modern tango dance variations created in Argentina and many other countries. The core concept of the tango dance revolves around leader and follower, where the leader through their embrace gives openings to the follower what to do, and the follower then chooses how he will respond. The result of this cooperative process can be a highly improvisational dance that fully captivates the attention of both the dancers and spectators.

This book presents a concise, definite plan for women to help you make incredible progress in Tango. It shows you how to use your Mindset within to access a deeper Tango partner connection that is anxious and willing to serve you if you know how to use it.



Compulsion Heidi Ayarbe - A Gripping Tale of Addiction and Redemption

Compulsion Heidi Ayarbe is a profound and captivating novel that delves into the complexities of addiction and redemption. In this article, we...



The Cottonmouth Club Novel - Uncovering the Secrets of a Dark and Sinister Society

Welcome to the dark and twisted world of The Cottonmouth Club, a thrilling novel that will keep you on the edge of your seat from beginning to end. Written by the talented...



The Sociopolitical Context Of Multicultural Education Downloads: What's New In

Living in a diverse and interconnected world, understanding and embracing multiculturalism has become a necessity. Education plays a crucial role in shaping individuals and...



The Epic Journey of a Woman: 3800 Solo Miles Back and Forward

Embarking on a solo journey is a life-altering experience. It takes immense courage, determination, and a thirst for adventure. And that's exactly what Emily Thompson had when...



Florida Irrigation Sprinkler Contractor: Revolutionizing Landscape Care

Florida, known for its beautiful landscapes and warm weather, requires efficient and precise irrigation systems to ensure the lushness and health of its many gardens...



Unveiling the Political Tapestry: Life in Israel

Israel, a vibrant country located in the Middle East, has a political landscape that is as intriguing and complex as its rich history. With its diverse population, cultural...



Life History And The Historical Moment Diverse Presentations

Do you ever find yourself wondering how history has shaped the world we live in today? How different moments, historical figures, and civilizations have shaped...



Miami South Beach The Delaplaine 2022 Long Weekend Guide

Welcome to the ultimate guide for making the most out of your long weekend in Miami South Beach in 2022. Whether you are a first-time visitor or a seasoned...